

# Welcome to 2Faced Dance Company's Centre For Movement



This is a visual story designed specifically for those who are curious or anxious about attending a dance class or performance. Our aim is to make you feel as comfortable as possible during your visit.

## Getting here

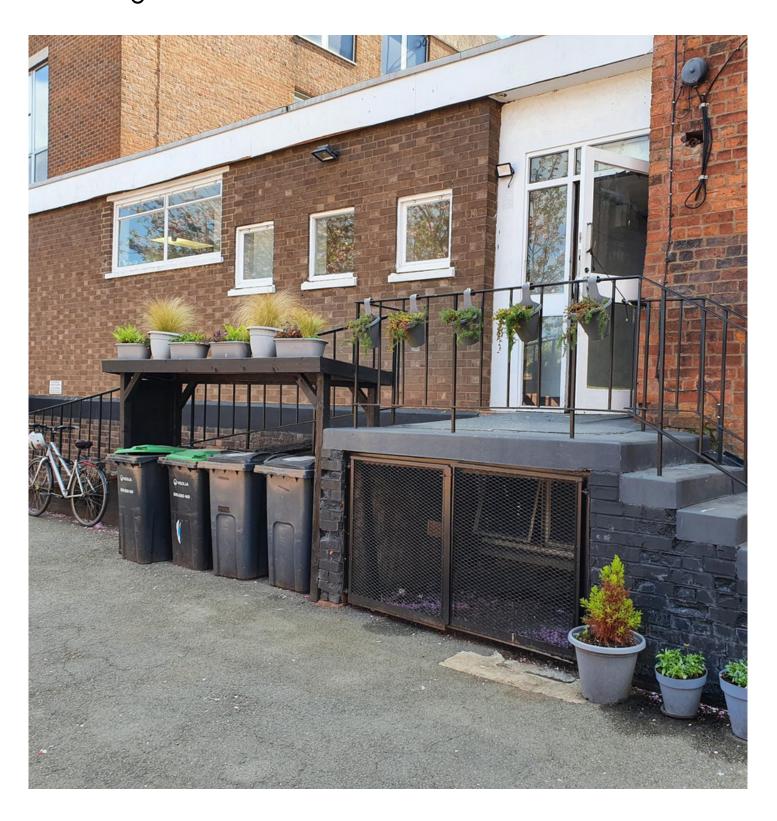
The Centre for Movement is on Gaol Street in Hereford. We are a short 10 minute walk from the train station or a few minutes from the nearest car park. There are disabled car parking spaces opposite the building.

This is the outside of The Centre for Movement when coming from the car parks.



## This is the main entrance to The Centre for Movement. It is located on the side of the building.

There are both steps and a ramp to enter the building.



#### Inside

The Centre for Movement will open 15 minutes before your class.

When you enter you will go into The Shed. You can take off your shoes and hang up your coat.

The Shed is a small reception area where you can wait before your class, buy a t-shirt or a bottle of water. It has blue lighting.

There are two toilets near The Shed.



#### Studio 2

To the left of The Shed is Studio 2. This studio is our smaller space. It has mirrors at the front and black curtains.



There is a sound system and two big light boxes in the studio that can be used for filming.

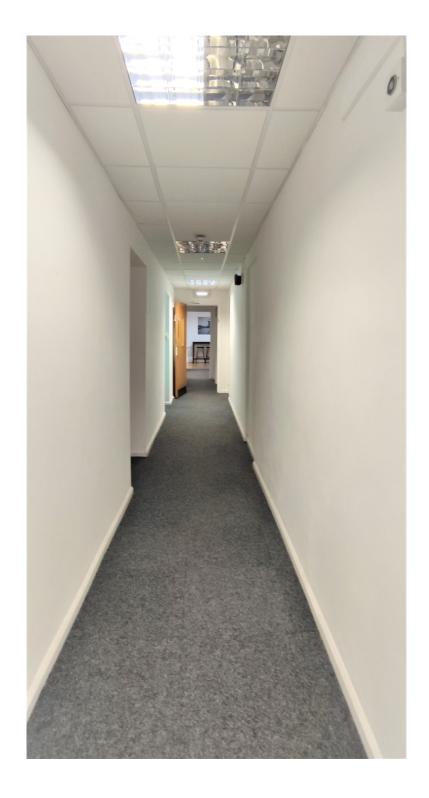
#### Kitchen

Next door to Studio 2 is the kitchen. If you have hired the space you can re-fill your water bottle, make a cup of tea or heat up your lunch.



#### Corridor

To the right of The Shed there is a long corridor that leads to our main foyer space. Off this corridor is our Accessible Toilet and Changing Room Space.





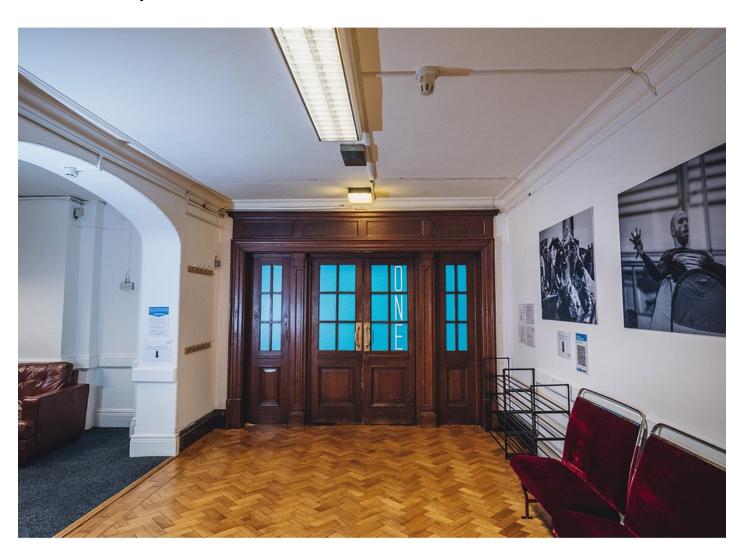


There are lockers in the changing room space where you can put your phone, jewellery and personal belongings.

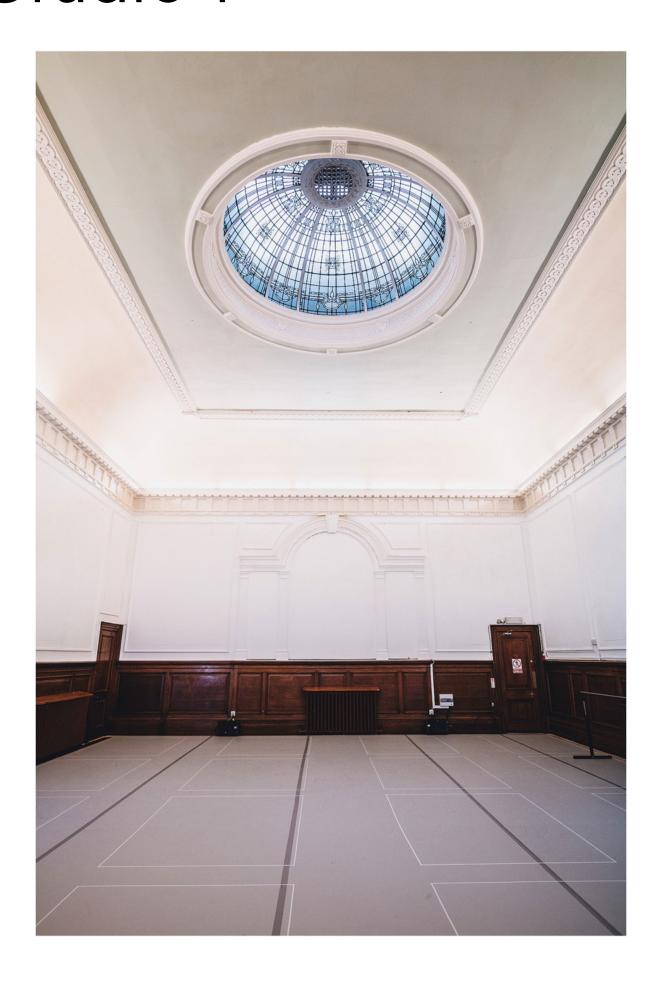
If you have forgotten anything such as deodorant, sanitizer, tissues etc you will find some spares in all the toilets and changing room for you to use.

### Foyer

The Foyer is where you will wait before your class in Studio 1 or before a performance. There are some sofas where you can sit. There are also two toilets in this location. The Foyer may be busy and noisy.



### Studio 1



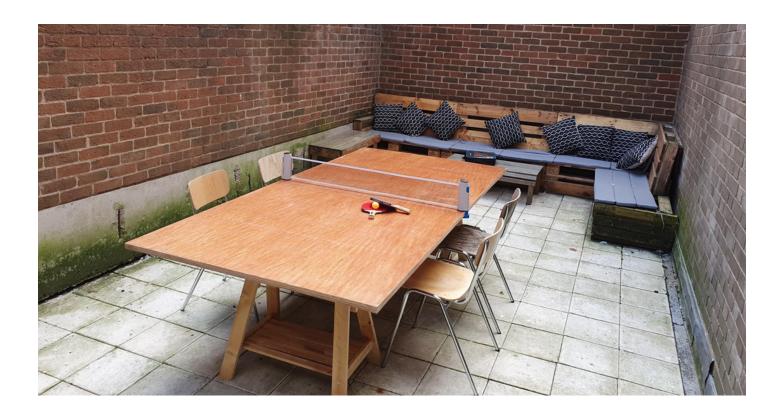
Studio 1 is our big studio and performance space. It has a big domed roof, wood panelling and a grey floor.

At one end of the studio is the sound system. This is where music will be played from. There are 4 speakers around the space. If you are sensitive to sound you can wear ear defenders. We do not provide them so please bring them with you.

There are 3 doors leading out of Studio 1

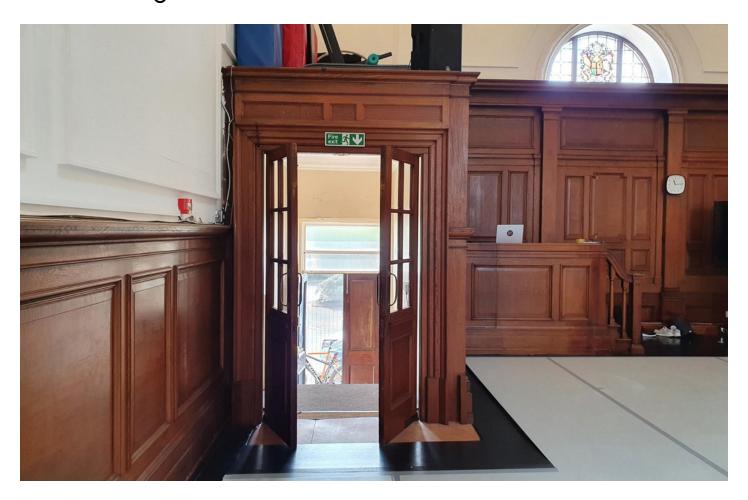
Door 1 leads through to the Exercise Yard





Here you can sit undercover in a **quiet space** or play a game of **table tennis**.

**Door 2** is a fire exit and leads outside down the side of the building



**Door 3** leads to the meeting room/small rehearsal space. You can also get to this space from the foyer.

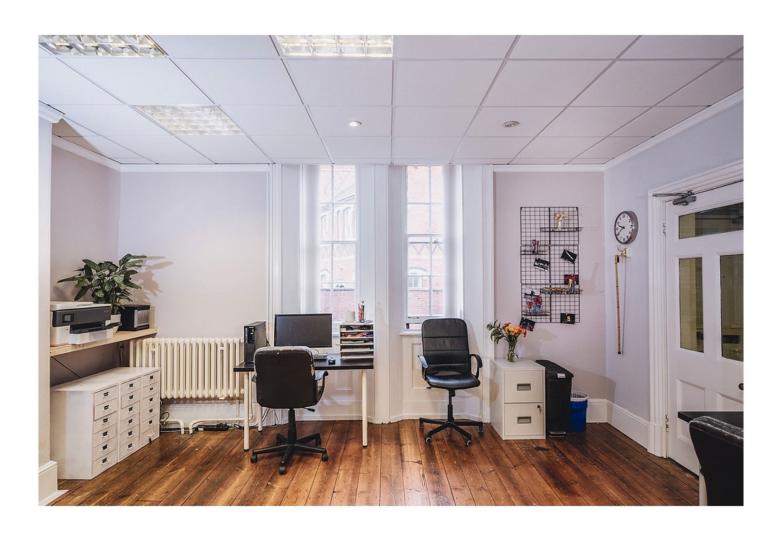
## Meeting Room



This space has tables and chairs. You can sit here and do work, talk to people or even use the piano!

#### 2Faced Dance Office

This is where the 2Faced Dance Company staff work. If you need to ask a question, or need help you can normally find a member of the team here.



## Leaving the building

When you leave the building you will need to exit through the big white front door.

You will need to press the green button just behind and to the left of the front door to exit.





Please press the green button to exit

## Finding your space

There are signs installed around the building so you can find our spaces easily. You can recognise our spaces by their turquoise coloured doors or grey signs. They look like this





**Studio 1** and the **Meeting Room** have an induction loop system installed.



We hope you enjoy your time at the Centre for Movement. If you have any questions before you arrive please get in touch with us.

