

BE.  
MOVE.  
DANCE.



## EVENTS

From performances to summer schools, open days to open rehearsals and socials to participation projects. Join us at the Centre for Movement for a sizzling summer of activities.

### OPEN COMPANY REHEARSAL

Thursday 20 June  
11:00 – 12:30

### COMMUNITY SUMMER SHOW

Thursday 4 July  
19:00

### 2FACED YOUTH AUDITIONS

Tuesday 9 July & Tuesday 10 September  
18:00 – 21:00

### DANCE THEATRE SUMMER SCHOOL

Monday 19 August – Friday 23 August  
Age 7-18  
10:00 – 16:00

### WEE SUMMER SCHOOL

Monday 19 August – Wednesday 21 August  
Age 4-6  
9:00 -11.00

### ADULT BEGINNERS CONTEMPORARY FLOW

Six Summer Sessions  
Monday 15 July – Monday 19 August  
19:30-21:00

If this wasn't enough then catch one of our shows on tour across the UK this summer. Visit our website to book your ticket, space or find further information.



## PROFESSIONALS

### PRO COMPANY CLASS

Age: 18yrs +  
Time: 9:30 - 11:00  
Days: Every Wednesday and Thursday\*  
Please note that Pro Company Class is subject to change in response to the company's activity.

Professional Company Class continues this summer.

Degree level dance students, graduates, and professional dancers of any genre are welcome to join the company for daily class every Wednesday and or Thursday. These classes are fast paced and dynamic and tailored to the requirements of our own company dancers. It is a fantastic opportunity to maintain your training, meet with other professionals or get to know more about the company.

Pro Company Class will be taught by an outstanding and revolving teaching team including our Artistic Director, Rehearsal Director, Company Dance Artists and a range of Guest teachers.

To book your place please email [sam@2faceddance.co.uk](mailto:sam@2faceddance.co.uk) by 6pm the night before.

## HIRE OUR SPACE

Need the space? We've got you covered.

Are you looking to find a home for your regular dance or drama class? Need a studio to create an audition piece, train for your latest competition or shoot a short film in? Or do you just need a great space to hold a community meeting, conference or special event? If this sounds like you then you have come to the right place.

Located in central Hereford, just a 10-minute walk from the train and bus station, The Centre for Movement has a range of well equipped, accessible studios to choose from. Our exceptional facilities offer a seamless blend of functionality and creativity, ensuring that you can fully immerse yourself.

Available to hire from 8.30am – 10.00pm and with rates starting from just £10 per hour, our studios give you an affordable space to work, play and create right in the heart of Hereford. We can now provide a fully licensed bar for your event. So for more info, room specifications or to book in a tour of the building, please get in touch with a member of the team.

**“The staff are so accommodating, supportive, inclusive and efficient, and they and the company members and other hirers create an inspiring atmosphere in which to work”** Hirer

# BE PART OF THE 2FACED COMMUNITY

Ever wanted to try dance but not sure where to start?

This summer be part of something new, something different and something interactive. From weekly classes to summer schools for kids aged 4 – 18, drop in classes for adults and professional dancers, and a range of events and performances for the entire family, there is plenty to see and do. If that wasn't enough, for every class we run at our studios, we can offer a limited number of free places for local children and adults, so that no one gets to miss out.

So, take the plunge and sign up today.

BE BOLD. BE BRAVE. BE YOU

## PRIVATE CLASSES

Are you lacking the confidence to join a group class, need help with an audition solo or just want to learn how to handstand? If this sounds like you then please get in touch. We offer one to one dance classes, training sessions and specific technique workshops all delivered by our welcoming and talented team.

## ACCESS

The Centre for Movement is a vibrant, friendly and welcoming place to rehearse, create and perform. Accessible on-street parking is available opposite our building and a platform lift allows the historic building to be step free. Inside there is an induction loop, accessible toilet, power assisted doors and height adjustable desks.

## ENVIRONMENT

We aim to make studio hire as environmentally sustainable as possible to reflect our values and our artistic programme, which aims to inspire conversation and action on climate change. We ask that when visiting the studios, you help us to reach our ambition of becoming a carbon neutral and zero waste venue by 2030.

## HOW TO BOOK

Sign up for a class today by booking online at [www.2faceddance.co.uk](http://www.2faceddance.co.uk)



### Location

2Faced Dance Company,  
Centre for Movement,  
The Old Court,  
Gaol Street,  
Hereford HR1 2HU



01432 620032 | [education@2faceddance.co.uk](mailto:education@2faceddance.co.uk)



MONDAY

TUESDAY

WEDNESDAY

W/C 15TH APRIL - W/C 1ST JULY (NO CLASSES W/C 6TH MAY OR 27TH MAY)

KIDS

**WEE MOVERS - CONTEMPORARY**

Age: 4yrs - 6yrs  
Time: 16:30 - 17:15  
Tutor: Professional Dancers of 2FD

A lively dance class, focusing on movement, musicality, physicality and fun. Children will use contemporary dance to explore their imagination whilst developing cognitive and social skills.

**MEGA MOVERS - CONTEMPORARY**

Age: 7yrs - 10yrs  
Time: 17:20 - 18:20  
Tutor: Professional Dancers of 2FD

An exciting class designed to explore creativity through contemporary dance. Every child is uniquely nurtured to explore their individual voice, building confidence in self-expression.



**“A fantastic company providing so many opportunities for young dancers”**

Parent

YOUTH



**CONTEMPORARY TECHNIQUE**

Age: 11yrs - 18yrs  
Time: 18:00 - 19:30  
Tutor: Professional Dancers of 2FD



A class for young people who would like to learn the fundamentals of contemporary dance technique. Exploring floor work, phrases and different styles whilst developing new skills and confidence. A great class to attend prior to auditioning for 2FY.

**2FACED YOUTH (2FY)**

Age: 11yrs - 18yrs  
Time: 18:00 - 21:00  
Tutor: Professional Dancers of 2FD and Guest Artists

Our flagship programme brings together talented young dancers from across the county. 2FY is a supportive environment in which young artists develop their technique, knowledge and creativity, whilst enhancing their performance skills and enabling young artists to realise their potential.

**THE KIN PROJECT**

Age: 7yrs - 16yrs  
Time: 18:15 - 19:30  
Tutor: Professional Dancers of 2FD

Designed for boys, and anyone who identifies as male. The Kin Project focuses on developing physicality, self-awareness, confidence and expression through dynamic movement, whilst enabling participants to be creative and individual. Highly energetic and motivational. With additional creation and performance opportunities throughout the year.

ADULTS

**BEGINNERS CONTEMPORARY FLOW**

Age: 18yrs +  
Time: 19:30 - 21:00  
Tutor: Professional Dancers of 2FD

A fun, casual session to get away from the week and shake off those Monday blues by moving your body in an open level contemporary class focusing on flow, musicality and exploration. This class will develop co-ordination, balance and flexibility through learning routines and above all, enjoying yourself.

Due to the popularity of this class advanced booking is recommended. Pay as you go options available for adult classes.



**“2FD studios are my safe space. I can express myself without judgment”**

Class Participant

**ABOUT US**

We are a full-time, touring dance company and registered charity who have been providing the people of Herefordshire with exceptional dance experiences for the last 24 years. The Centre for Movement is a welcoming home for everyone. We welcome a variety of activity into our building and encourage a diverse range of people and organisations to use our spaces.

We want to create a home from home. A place where anyone can enjoy participating in, watching or working in, all things dance. As well as our own programme of classes and events you can find a wide range of other classes and workshops taking place in our building.

We actively encourage you to try all sorts of different classes and activities. So, get in touch to find out how you can start your dance and movement journey with us.

**“I love dancing with 2FD. They care about creativity. They care about community and together these two things make for an epic adventure”**

Class Participant

