

# 2FACED DANCE CO

## Education Newsletter Summer 2011

Welcome to the Summer 2011 education newsletter. 2Faced have had the most exciting few months with incredible news from the Arts Council, a brand new professional company who are currently in rehearsals, hr1 project is in full swing with the Launch just around the corner. This Summer is set to be the biggest yet! If you require any further information about any of the information in this newsletter please get in touch - 01432 276807, dan@2faceddance.co.uk

## Bringing London 2012 to Herefordshire - hr1

HR1 is a large scale dance project that takes the thrilling world of professional dance out of the theatre and into the lives of people living and working in Herefordshire. It is part of Dancing for the games programme, part of the West Midlands Culture programme for London 2012, bringing London 2012 to Herefordshire. We are looking for local school dance groups from any Key stage, ability, and any dance style from Leominster, Ledbury, Bromyard, Kington, Hereford and Ross-On-Wye to participate in danceMASH days. This will be an excellent opportunity for you to promote your school to a wider audience as well as giving your students an opportunity to perform which you wouldn't necessarily get at your doorstep. We would like school to perform a piece of their choice that is a maximum of 10 minutes long in a specific platform in your area. There will also be a wide variety of local community and professional dance performances throughout the day. Every market town has an allocated day and timeslot in June – July 2011.

On top of these series of performance in your local area, we are offering you the chance to have a FREE 2Faced Dance class in your school. The class will be in take place in the morning of DanceMASH and be taught by our experienced dance teachers.

If you are interested in getting involved please call or email me to confirm your chosen day and slot. If you run classes in more than one location you are welcome to perform at a few of them. Slots are limited so please get in touch.



## FRESH 2011

**Monday 20th and Tuesday 21st June 2011**

In partnership with the Courtyard Arts Centre, 2Faced Dance Company brings you Hereford's only schools dance platform for the 3<sup>rd</sup> year running. FRESH 2011 is set to be one of the biggest

performances to date with 100's of students from local primary and secondary schools and FE colleges taking part, as well as some special guest groups from Wolverhampton. Showcasing the development from key stage 1 to A Level. Come and watch as the local talent shines on the Courtyard stage.

please call 01432 340555 or visit [www.courtyard.org.uk](http://www.courtyard.org.uk) to book your tickets... £7 / £6



## Teachers Focus

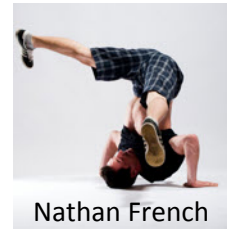
**Nathan French - Education Manager / teacher / main company performer, 2Faced Dance Company**

**Nathan French recently travelled to Haiti with the Fun For Life Charity to teach workshops to some of the effected children in various orphanages around the island. Whilst he was there he wrote a blog about his experiences. Below are a few of his entries:**

“After our stay at the beautiful Hotel Oloffson we ventured to our new destination St. Josephs guest house. On our very rocky route I took the time to take in the surrounding scenery with a mixture of debris from the fallen buildings, to the incredible landscape behind which consisted of tall empowering mountings piercing the clouds. Then was brought back to reality to see the children of this city begging at our vehicle door. When we arrived at our new place of stay we were greeted by Michael and was toured round the house. We met a couple of the guys on the top floor who was in the middle of making some jewelry, necklaces and bracelets amazingly hand crafted from the shell of a coconut. We were then shown the foundations of the new house, where the old one that was destroyed used to be, and was told an incredible story of when it collapsed it fell against a tree which supported it and saved lives. After the tour we decided to take a trip through the streets and down to the grocery store as we were told it was. This became a great opportunity to get in amongst the people and say hello. We arrived at what we thought would be a little corner grocery, instead a massive supermarket guarded by military and rifles stood in front of us. We managed to find what we were looking for and started making our way back. We were going to take this chance to get on a tap tap, which is quite like a taxi, only you can fit on however many people you can squeeze into it which looks quite amazing. but traffic was bad so we carried on the walk back to the guest house. To finally have some amazing home cooked Haitian soup, and to jump into the shower that consisted of a barrel of water, a cup and a bucket”.

“So today was our first day teaching at the orphanage. At 1pm we got into our minibus and made the 1hr and 15 min trek to the orphanage at Croix de Bouquet. As we ventured to the outskirts of Port au Prince the scale of the devastation of the earthquake just continued on and on. The intensity of the heat, the fumes from the petrol and the noise all around you is overwhelming. You want the window open to have a break from the heat but the fumes engulf your whole body.

As we made our way down the back streets on roads that make Herefordshire roads seem well maintained we finally reached the orphanage. On our arrival a handful of children came to greet us with a mixture of excitement and shyness, their beautiful faces half smiling back at us. Trusting but detached. We met with the staff at the orphanage and were then kind of left to start work. We introduced ourselves with name games and body popping but it was hard to communicate what we were trying to express without the translator who happened to turn up half an hour late. The children did very well with the movement we were trying to get them to do and 4 little boys were incredible rocking out some tops and busting out the broken leg. When we did the freestyle circle at the end of the day it was a truly amazing and hilarious experience. One little girl who was probably about 6 but looked 3 came into the middle and waggled her finger at us, with hand on the hip and the best pout i have seen in a long time showed us what she was about. It was like watching an episode of Oprah. It was truly inspiring. We go back to the orphanage today with a clearer plan of what will work (hopefully) but who knows. It’s hard to plan in a country that has none”... Nathan French



Nathan French



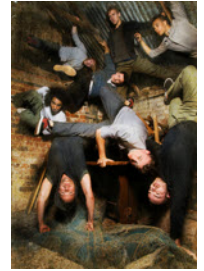
**Top**, Nathan, Tamsin, Ellie and .... On their way to one of the orphanages. **Middle**, Nathan teaching some of the children a routine. **Bottom**, Tamsin leading a warm up in one of the orphanages.

## 2FACED ON TOUR - In The Dust

2Faced pro company will be touring the UK after they make their sixth appearance at the Edinburgh Fringe Festival in August. In The Dust will visit 30 venues all over the UK. Alongside the performance 2Faced are



offering a great workshop package that will comprise of learning some repertoire from In The Dust, as well as the unique 2Faced style; a fusion of contemporary, street and breakdance. Keep your eyes on our website ([www.2faceddance.co.uk](http://www.2faceddance.co.uk)) for the tour dates and book your tickets and workshop place as soon as you can. We look forward to seeing you in the audience and in the studio. If you require more information about In The Dust on Tour, please get in touch, **01432 276807**, or email us on [dan@2faceddance.co.uk](mailto:dan@2faceddance.co.uk)



### Education figures:

Overall taught during Spring 2011: **1809, 932** of which were male (**52%**) and **877** were female (**48%**)

### Dance IN the curriculum

Dance in the curriculum is an integral part of 2Faced Dance Company's core ethos. We have been delivering educational dance workshops for over **10 years** and have worked in over **200** Schools across the UK since 2009. The 2Faced Dance Education team are always developing high quality dance teaching techniques and methods which are bespoke to different school requirements.

2Faced Dance Company are renowned for their high energy, fun, creative, challenging yet achievable workshops. Workshops can explore technical and performance elements of a specific dance style encourage creativity and understanding with choreography or can be based on the athletic yet graceful 2Faced Style.

### Dance in the class room....

We have developed tools, strategies and dance techniques from a recent project called **MOVES TO SUCCEED**, which was in partnership with The Hereford Council, and proved that 98% of the participants improved their behaviour, attitude and motivation in class room environment by undertaking regular dance classes with us. This has had a positive effect and shown real improvement in the classroom. Even after the project came to an end, the legacy and message the project left is still clear.

### Benefits of Dance

Dance can develop **Visual – Auditory – Kinaesthetic** skills.

Improves social and **community skills** by working with others.

increase **fitness** levels, gain **confidence** in interacting with others and performance opportunities.

Dance keeps both the **body and the brain active** which is valuable for all curricular subjects.

Dance gives the students an insights to other **cultures**

**Self esteem** is increased by learning and progressing new moves.

**Fun** way to keep fit and healthy.

Opens young people's **creativity**.

There is a dance style for **EVERYONE**.

Please get in touch to book regular or one off workshops in your school. Our education pack and Moves to succeed pack are attached above for you to get a detailed look of what we can offer you and your students.

### Mailing list reminder

If you not yet registered to our mailing list please [CLICK HERE](#) and enter your email address to receive regular updates about either community / professional or education.



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